



**Hot food items and processed meats (assessed per 100g):**

*If the product being assessed meets all the nutrient criteria below it is classified as **AMBER**.  
 If the product is over the nutrient criteria for energy, saturated fat or sodium the item is classified as **RED** and is not recommended for sale in school canteens.*

**Nutrient Criteria**

Category	Energy (kJ) per 100g	Saturated Fat (g) per 100g	Sodium (mg) per 100g
Savoury pastries, filled breads, pasta dishes, pizzas, oven-baked potato products, dim sims, spring rolls, rice and noodle dishes	1000kJ or less	5g or less	400mg or less
Meat products and alternatives crumbed and not-crumbed(burgers, patties, strips, balls or nuggets), sausages, frankfurts, saveloys, stews, casseroles and curries	1000kJ or less	5g or less	450mg or less
Processed luncheon meats (fritz, devon, chicken loaf, free flow chicken products) and cured meats (ham, bacon)	1000kJ or less	3g or less	750mg or less