



Tasmanian School Canteen Association

Annual Report

1 July 2009 – 30 June 2010

A Note from the President

Like many small not for profit community focused organisations, the Tasmanian School Canteen Association (TSCA) works tirelessly to effect positive change within the Tasmanian community. Everyone has the right to healthy and safe food and it is our role to assist schools in making this happen in an environment that can foster and develop healthy eating habits at a young age. This does not come without its challenges.

With childhood obesity on the rise, processed convenience foods easily accessible, and a greater trend towards children becoming more physically inactive, we need to create change now so that today's children can grow to become healthy adults. The TSCA is one small part of this growing movement to see this happen.

There is even more work that we can be doing to further our message beyond the school grounds. This means more partnerships and greater collaborations with like-minded organisations working within the community. We have the opportunity to work more closely with government to influence policy and legislation with the hope of one day making the Cool CAP compulsory for all school canteens in the state and highlighting the importance of supporting our community to take on the healthy eating message.

These ambitions and challenges for us as an organisation are thoughtfully considered and strategically planned by the Board and Staff of the TSCA. The past twelve months have seen the Association undertake a strategic planning process, develop its governance practices through Board training and policy development, and undertake an organisational review and restructure process. It is vital that we have the resources to match our objectives but also be able to develop an action plan that can be appropriately delivered within the confines of our resources. The Board took the opportunity to closely examine the operations of the organisation and how we could better equip ourselves for the benefit of our stakeholders and also for the benefit of our hard working staff.

It cannot be emphasised enough the role of the TSCA staff in delivering the objectives of the organisation. The Project Officers are the ones dealing face to face with the schools and working with the Community Nutrition Unit Dietitians to implement healthy and safe foods in Tasmanian school canteens. Their ability to work with a wide range of school canteen environments and bring about the same outcomes is commendable.

After 8 years with the TSCA, our southern project officer Alison Le Bis leaves us to take on a new position with Ogilvie High School. Her knowledge and insight into the Cool CAP and her history with the organisation has been an important and valued contribution that will be sadly missed. She has developed an enviable rapport with schools she has worked

with as well as her colleagues. We wish her well in the future and know that with her energy and passion, she will be a terrific asset to Ogilvie.

Alison's northern counterpart Maria Scanlon is to be congratulated on her ability to be our only northern member of staff and having to work often in isolation from the rest of the Cool CAP team. Support from the Community Nutrition Unit allows her to work with a northern Dietitian to support schools across the north and north west which covers an extensive area. Maria has also been a great support to the Board during our time of restructure by being able to take on extra work and assist in keeping the organisation moving forward.

Members of the TSCA Board have worked extremely hard in the past twelve months often giving above and beyond their expected voluntary hours. I would like to thank all Board members for their incredible dedication and commitment to the organisation and say that it has been an absolute pleasure to work with each and every one of them. We have become a close knit team with a passion for seeing the TSCA succeed in its important community role. During the year we said good-bye to two Board members; Jeltje Gillian and Julie Dunbabin who made excellent contributions during their time with us. We were also joined by Kate Groom who has hit the ground running and has managed to keep up!

I would like to take this opportunity to introduce three new staff members who are starting with the TSCA. We welcome Julie Dunbabin as the new Executive Officer, Jenny Lea as the new Project Officer in the south, and Kirsty Grierson as the new Administrative Officer. We are very much looking forward to working with each of them as well as Maria in the north to make the next twelve months a productive and positive time.

Alicia James
TSCA President

About the TSCA

The TSCA was created in 1994 with the aim of promoting and facilitating the provision of a nutritious and healthy food service in school canteens. The Tasmanian School Canteen Association receives funding from the Department of Education and The Department of Health and Human Services to run the Cool Canteen Accreditation Program (CoolCAP). The TSCA works in partnership with the Community Nutrition Unit in the Department of Health and Human Services, who provide in-kind support to the project in the form of consultant dietitians and administrative support.

TSCA Board of Management

Alicia James – President

Paul Garnsey – Vice President (South)

Di McShane – Vice President (North)

Sue Smart – Treasurer

Jane Harrison – Secretary

Jeltje Gillian – Committee Member (resigned February 2009)

Julie Dunbabin – Committee Member (resigned February 2010)

Jenny McKibben – Committee Member

Kate Groom – Committee Member (appointed June 2010)

Cool CAP Staffing

There have been a number of staff changes in the past twelve months. Project Manager Lure Wishes, left the organisation in May and with that came a period of review and restructure of the organisation.

Alison Ward, the Northern Project Dietitian is working on other projects within the CNU until the end of 2010. North West dietitian, Kate DePaoli, will fill in for Alison. This is Kate's first involvement with Cool CAP and we welcome her to the team.

The Cool Cap Team 2009 - 2010

Project Manager

Lure Wishes (July – May)

Project Officer (North)

Maria Scanlon

Project Dietitian (North)

Kate DePaoli

Project Officer (South)

Alison Le Bis

Project Dietitian (South)

Natasha Meerding

Cool CAP Update (1.07.2009 – 30.06.2010)

Achievements and Milestones

This year has been a time of consolidating and moving ahead with the new Cool CAP program and kit. All schools participating in Cool CAP are participating under the current program.

A focus for this reporting period has been completing the new Office of Community Sector reporting requirements. Whilst time consuming, it has provided us the opportunity to evaluate current procedures and to ensure we are best meeting our objectives of the organisation and the needs of those we work with in schools.

The Cool Cap Kit

Updates to the Foods Sold in the Canteen section of the kit were made during this reporting period.

Section 1 Canteen Guidelines and Procedures

This section of the kit remained unchanged for the reporting period.

Section 2 Food Safety and the Canteen

Creating the required food safety documents was holding up some canteens from completing this section of the program. Draft pro formas for these documents have been produced, however they need to be discussed by the team before they can be finalised.

Section 3- Foods sold in the Canteen

Changes were made to the Meal Deal section. Meal Deals have been replaced with Food Combo's and a new set of criteria has been devised. This section of the kit was updated in May 2010.

Section 4 The Canteen and the Classroom

This section of the kit remained unchanged for the reporting period.

Section 5 Marketing and your Canteen

This section of the kit remained unchanged for the reporting period

Section 6 Cool CAP Schools Information Form

This section of the kit remained unchanged for the reporting period

Section 7 – Cool Cap Resources

This section of the kit remained unchanged for the reporting period

Schools accredited and under review

Schools Newly Accredited

Beaconsfield Primary (Silver)

Boat Harbour Primary (Silver)

Norwood Primary (Silver)

Scottsdale Primary (Bronze)

St Patricks College (Silver)

Winnaleah District High (Bronze)

Annual Monitoring

Deloraine Primary (Silver)

	Government	Non-Government	Total
Accredited			
Gold	South: 6 North: 1	South:0 North: 0	7
Silver	South: 4 North :5	South: 2 North:1	12
Bronze	South: North: 3	South: North: 0	3
Annual monitoring completed	3		
Under review	21	5	26
Participating	43	8	51

Under the new Cool Cap, schools are automatically classified as under review as soon as they are accredited.

Schools who were accredited before June 2006 are no longer accredited.

Participating Schools Audit

In March 2010, the Project Officers undertook an audit of schools listed on their participating lists. A letter was sent to each school that had not participated in the program

for 6 plus months, which asked them if they were interested in re-engaging with the program.

As a consequence, a lot of schools were deleted from the participating lists. The current participating lists are a true reflection of the schools actively engaged in the program.

Under Review Schools Audit

All schools who were accredited prior to June 2006 and therefore no longer accredited, were transferred to the participating lists and were included in the Participating list audit

TSCA Promotion and Partnership Activities

TSCA Newsletter

The TSCA newsletter is produced each term and is sent out to Canteen Managers, school associations and members. This continues to be a vital communication tool that includes feature stories on schools participating in Cool CAP, relevant and up to date information on products, recipe ideas and more. During the year, electronic distribution of the newsletter was trialled and this will become a favoured method of delivery into the future.

TSCA Website

The TSCA website is regularly updated by adding the latest TSCA newsletter, Product and Suppliers list and upcoming events. New resources and Cool CAP kit changes have also be communicated via the website.

TSCA Membership

Membership of the TSCA for the 2009 – 2010 period was a total of 106 consisting of:

<u>School Memberships:</u>	88
<u>Corporate Memberships:</u>	8
<u>Individual Memberships:</u>	10

TSCA Partnerships

The TSCA Project Manager contributed as a member of the Move Well Eat Well reference group that meet every two months.

The TSCA Project Manager was a member of the Eat Well Tasmania Kids Coalition.

The Cool CAP staff attended Parent and Friend's state meetings to promote the Cool CAP. Cool CAP staff also contributed articles to the P & F's newsletter.

The TSCA continued to promote partnership organisations such as Wicked Vegies (The Cancer Council Tasmania) Family Food Patch; Move Well Eat Well and Eat Well Tasmania through including their project reports and updates in the TSCA Newsletter and on the website.

The TSCA Project Manager and the Cool CAP Project Officers attended school assemblies to present Cool CAP Accreditation Awards state-wide.

The TSCA Project Manager regularly contributes articles to the Eating Matter newsletter.

The TSCA promoted Eat Well Tasmania's "What's in Season" as an insert in the TSCA Newsletter three times a year.

Promotional Activities Undertaken

TSCA contributes articles to Eating Matters and the State Parents and Friends newsletter.

When a school is accredited they are presented with their Cool CAP Award at a school assembly. The TSCA Project Manager produces a media release specific to the schools accreditation which is distributed to the media in the schools region.

Schools Cool CAP achievements and innovative ideas to promote healthy eating are promote in the TSCA newsletters. This is done with activities and photos of all school presentations. Articles are included on school activities that promote health options.

All new participating schools are mentioned in the TSCA Newsletter, which recognises the schools commitment to Cool CAP.

The Cool CAP staff attended Parent and Friend's state meetings to promote Cool CAP and also contributed articles to the P & F's newsletter. We have also provided promotional materials for Parents and Friends displays.

Liaison and Consultation with the Food Industry

I am not aware of what consultation has occurred.

Acknowledgements

Compilation of this report was a joint effort by Maria Scanlon, Kirsty Grierson, and Alicia James. Their time and effort is gratefully acknowledged and appreciated during a time of staff changes.

Appendix (Website)

List of Cool Cap Resources (available from TSCA and can be downloaded from TSCA website)

The updated Cool Cap Kit

Product and Suppliers Lists

TSCA Newsletters

Links to websites of partner organisations: Move Well Eat Well, Eat Well Tasmania and Tasmanian Cancer Council.

Tasmanian School Canteen Handbook

Please view the website at www.tascanteenassn.org.au or contact the office to obtain copies of the above documents.

Tasmanian School Canteen Association

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